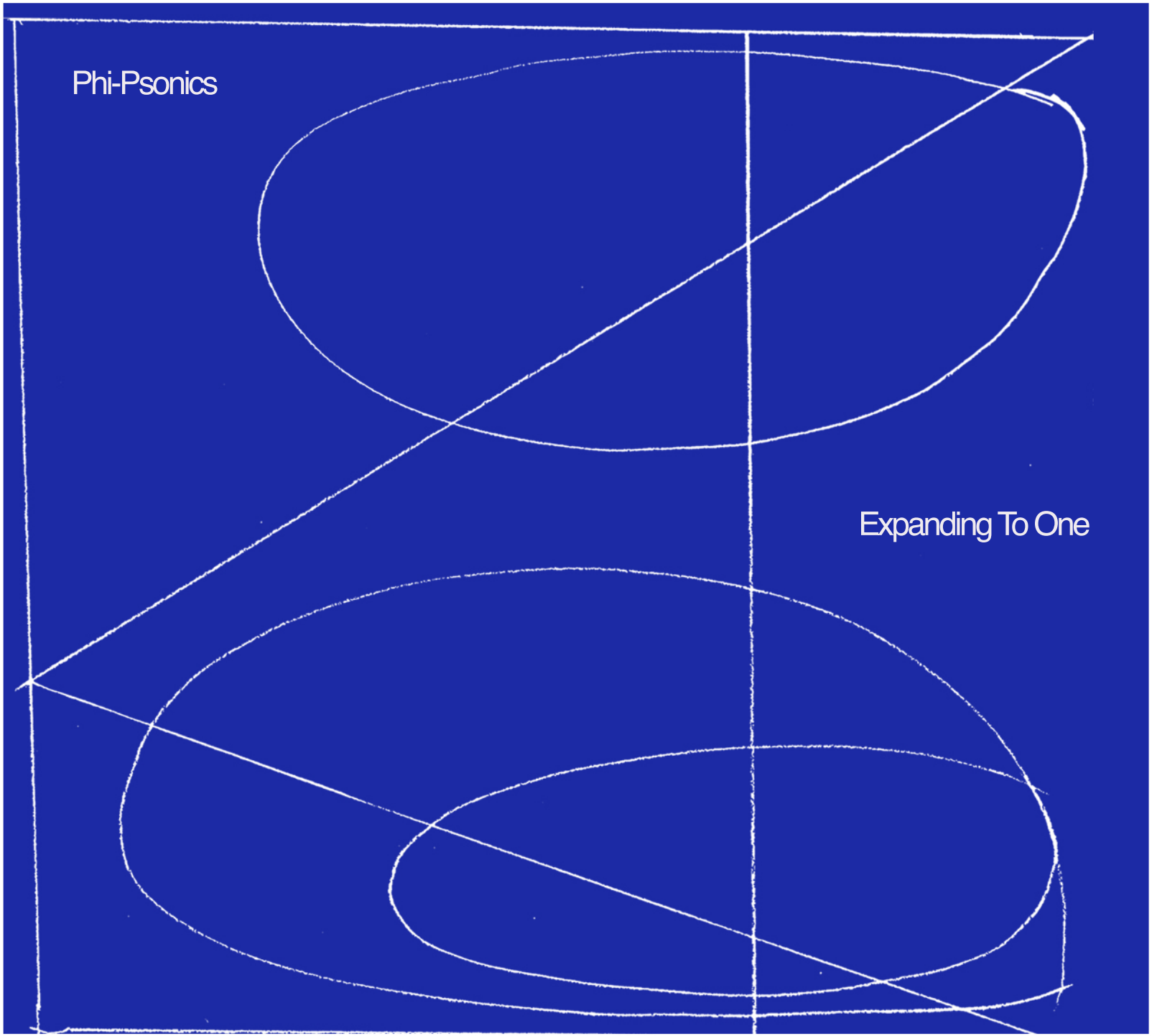
Phi-Psonics
Expanding To One

Seth Ford-Young
acoustic bass
(track 1, 2, 3, 5, 6, 7, 8, 9, 10, 11, 13 &14)
percussion
(track 4, 13)

Sylvain Carton
alto flute
(track 1, 3, 6, 8 & 13)
tenor saxophone
(track 2, 7 & 10)
bamboo flute
(track 4),
baritone saxophone
(track 5, 9 & 14)
flute
(track 11 & 13)
percussion
(track 13)

Randal Fisher
flute
(track 1, 5, & 7)
tenor saxophone
(track 2, 3, 4, 6, 9, 10, 11, 13 & 14)

Mitchell Yoshida
wurlitzer 140b electric piano
(track 1, 6, 7 & 13)

Josh Collazo
drums
(track 1, 2, 5, 6, 7, 11, 13 & 14)

Zach Tenorio
wurlitzer 200a electric piano
(track 2, 3, 5 & 9)

Mathias Künzli
percussion
(track 2, 5)

Dylan Day
guitar
(track 3 & 9)

Minta Spencer
harp
(track 3 & 9)

Jay Bellerose
drums, percussion
(track 3 & 9)

Rocco DeLuca
pedal steel guitar
(track 4 & 10)

Gary Fukushima
wurlitzer 140b electric piano
(track 4, 10, 11, 12 & 14)

Spencer Zahn
acoustic bass
(track 4 & 10)

Sheila Govindarajan
voice
(track 12)

Dave Harrington
guitar
(track 14)

All compositions by the band,
except 6, 11, and 13 by
Seth Ford-Young

Expanding To One represents a new approach to album making for Phi-Psonics. For our third album I knew I wanted to expand our palette of sounds, emotions, and personalities. I also knew I wanted to invite a freer, more improvisational approach, which made sense to record live with an audience. With live recording there is an energy between the players and the audience that inspires improvisations that communicate directly with the listener. It encourages the players to consider the ears their sounds will fill in a more personal way.

The first time I walked into the new community hub called Healing Force of the Universe Records to see an afternoon show I knew it would be a great place to bring to life the residency/recording idea I had for this album. It's an intimate setting that feels
something between listening venue, record shop, and a comfortable,
well-designed living room. I believe rooms are vessels for performance and, like ships, they can be suited for different journeys. HFOTU seemed ideally equipped for the journey I intended to take with these performances.

For Expanding to One I felt ready to invite a wider variety of musicians to join the band that played on the first two albums. Living in Los Angeles we are blessed with an astounding array of amazing players. I made a long list and imagined what each player's voice would sound like in the context I was building. I found that far above any style categorization, technical skill, or any easily defined metric, it was the spirit of each musician that guided my choices. This is a group of great people who are also great players, each bringing a unique voice that transcends any "genre", cultural, or generational differences to contribute to our musical conversations. There is so much division and dehumanizing rhetoric in the world today, in response I wanted to assemble a lovely group of humans to make music in community with each other and meet at a very human place: music.

We live in increasingly dark times and while I intend our music to be a balm to those who connect with it, I also want the context of our musical conversations to include the outer as much as our inner worlds. The music we make doesn't exist in a vacuum and the backdrop of injustice and tragedy in our world has to be part of our music. I believe digging deep and discovering together, creating something beyond our intellect, and summoning sounds beyond flash and fancy are only possible if we attempt to understand ourselves in relation to what lies beyond the horizon of the self. The players who contributed to these sessions inherently seemed to share that understanding. They brought their full selves, as well as a willingness to peer into what lies beyond. This is an exercise in re-humanizing through sound, I hope you enjoy listening to it as much as I loved creating it.

Seth Ford-Young, Los Angeles CA, November 2024

Photo by - David Haskell

Recorded Live at
Healing Force of the Universe Records,
Pasadena California
February 7, 21 March 6, 20, April 3,17 - 2024

Gondcd076

Prelude: Expansion
There's Still Hope
Healing Time
Many Paths
Sunrise
Love Theme From Your Life
We're All One
Nature Signs
Discovery
It Finds A Way
Sounds Of The Universe
Before The Pyramids
New Pyramid
Mysteries Of The Dark

(C) & (P) Gondwana Records 2025
gondwanarecords.com
phi-psonics.com

Produced by Seth Ford-Young
Engineered by Seth Ford-Young
Mixed by Seth Ford-Young
Mastered by Peter Beckmann

Artwork & Design - Daniel Halsall